



# 37th ANNUAL NATIONAL CONFERENCE

INDIAN ASSOCIATION OF SURGICAL ONCOLOGY

CARROLLO COLOGY

EMERGE, EVOLVE, EXCEL

## 26 TO 29 SEPTEMBER 2024

Venue: Clarks Convention Center, Bengaluru







Affiliated Academic Partners





## **PRESIDENT'S MESSAGE**

Dear Members,

On behalf of IASO, I extend a warm welcome to each one of you to **NATCON-IASO 2024** in the most happening city in India "Bengaluru".

IASO's rich history of excellence in cancer surgery is a testament to our visionary leadership, commitment to knowledge-sharing, and dedication to education and research.

As we collectively face the emerging global challenge of cancer, we understand the critical role surgery plays as a highly effective and widely available intervention. The constant evolution of technology and knowledge demands that we, as surgical professionals, stay at the forefront of learning, pushing the boundaries of what is possible. Our duty remains steadfast - to ensure that the highest standard of care is not just provided but is accessible and affordable to all, regardless of socio-economic background.

As we navigate the ever-evolving landscape of cancer, staying informed and engaged is crucial. IASO is committed to serving as a hub for collaboration and networking among our members, various oncology societies, and international scientific organizations through NATCON.

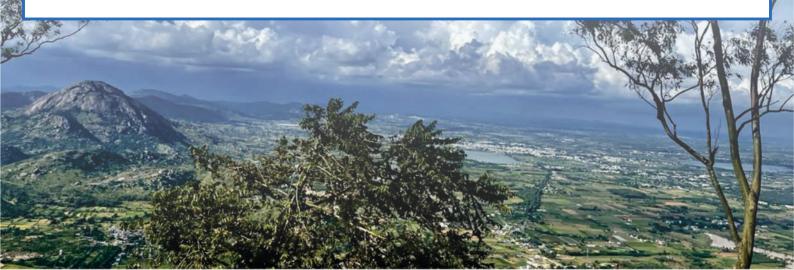
Through these collaborative efforts we will continue to shape the future of surgical oncology, sharing experiences, and inspiring one another to reach new heights.

The leadership of IASO and organizing committee of NATCON 24 have worked in close collaboration to curate a scientific feast catering to all sections of IASO including trainees and practicing surgeons.

I sincerely extend my best wishes for the grand success of NATCON 24



Prof. SVS Deo
President
Indian Association of Surgical Oncology (IASO)



## **WELCOME MESSAGE**

Dear Members,

Greetings from NATCON 2024, Bengaluru

It is with immense pleasure that we extend our invitation to you for the 37th National Conference of the Indian Association of Surgical Oncology, "NATCON 2024". The event is scheduled to take place from **September 26 to 29, 2024,** at Clark's Convention Centre, Off Airport Road, Bengaluru, INDIA.

The theme of the conference is "Emerge Evolve Excel."

Our objective for this conference is to engage with distinguished oncologists, exchange knowledge, stay abreast of the latest innovations and changing trends, and provide guidance to emerging young oncologists based on your vast experience. The success of this conference hinges on the active participation of our esteemed members in large numbers.

Bengaluru is easily accessible by air, rail, and road. The venue, Clark's Convention Centre, is conveniently located near the International Airport. The pleasant weather and warm hospitality of the garden city are sure to captivate you.

We urge you to join us in large numbers in Namma Bengaluru. We guarantee an Academic Feast, a Gastronomic Treat, and a Cultural Extravaganza.

We eagerly await your confirmation of participation and kindly request your gracious presence.

On popular demand, early bird registration is extended to 31st March 2024.

#### https://in.eregnow.com/ticketing/iasonatcon2024

Accommodations are open at the venue and nearby hotel. Please book at the earliest.

Looking forward to your enthusiastic response.

Best Regards, IASO Office



**Dr. SVS Deo**President of IASO



**Dr. Rudra Prasad Acharya**Secretary of IASO



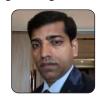
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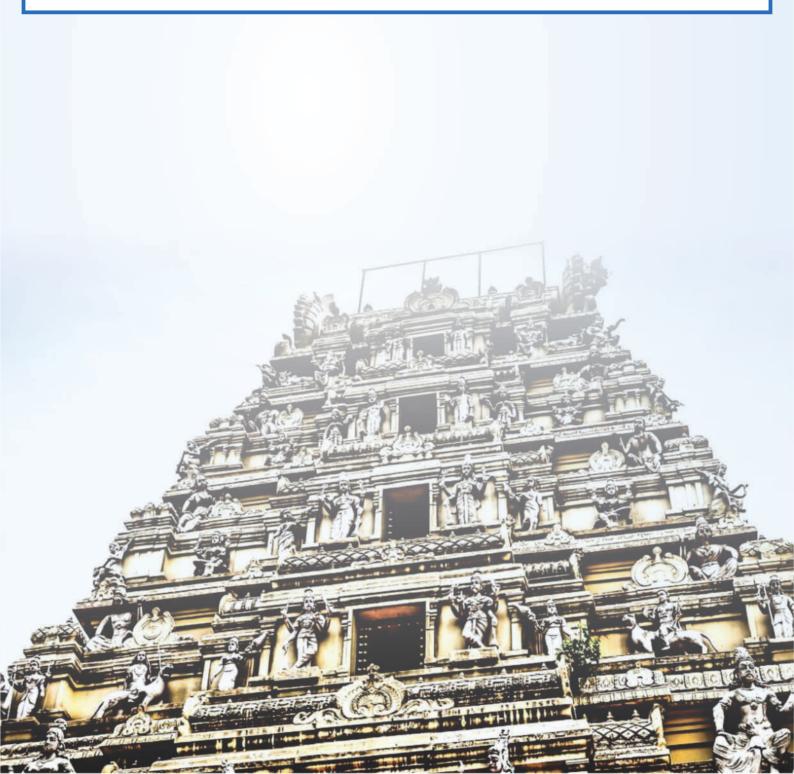




Dr Prakash B V

## **Members**

Dr. Pampanagouda Dr. Nitya Dr Lakshmanan C Dr Karthik H K



#### PRE & POST CONFERENCE TOUR OF BENGALURU



## **Combined Tour of Tipu Sultan Trail**

Description of the tour: Historians and common people alike have a love-hate relationship with Tipu Sultan. One's travel to Bangalore would never be complete without tracing the footsteps of our Sultan, who has leG many a mark on the city's future, seen even today. This tour takes one through the locations associated with this enigmatic personality that includes memorials, forts, temples, palace remnants & the Lalbagh Botanical Park. At Lalbagh, we explore its history, some unique trees and one of the oldest rock formations of the Asia.

**Location:** Bangalore **Language:** English

Duration: 10 Hours Starting Point: Your accommodation in Bangalore Start Time: 0630 Hrs Ending Point: Your accommodation in Bangalore

Activity Level: Easy Reporting Point: Your hotel

Overview: Discover the lair of the Tiger of Mysore Tipu Sultan. Forts.Palaces. Temples. Ruins. Bangalore & a Nature walk!

#### **Highlights**

- > A walk-through history of Bangalore
- > Local experiences and flavors
- > Nature experience

#### **Itinerary**

- > 6.30 AM: Leave from hotel
- > 7.30 AM: Reach Nandi Village. Visit Sultanpete& Nandi Temple
- > 8.30 AM: Return to Nandi Upachar for breakfast
- > 9.30 AM: Leave for Nandi Hills
- > 10.15 AM 11.15 AM: Explore Nandi Fort, Hilltop
- > 11.30 AM-12.15 AM: Travel to Tipu's birthplace & fort Devanahalli
- > 12.15 12.45 AM: Explore Devanahalli fort
- > 12.45 PM 1.30 PM: Travel back to the city for lunch. 2.30PM 3.00PM: Travel to Lal Bagh Botanical Garden
- > 3.00PM 4.00 PM: Explore Lal Bagh Botanical Garden, its history, unique trees, the oldest rock formation and Lal Bagh water body.

#### Important Info

Lunch is recommended at Koshy's (on direct payment basis)



## Rolling Out The Red Carpet: An Unhurried Walk In The Urban Haven Of Lalbagh

Bangalore's most popular tourist destination, Lalbagh, is organ thought of as a large informative park, which it is. Walk to discover the treasure that is Lalbagh, as you go through the sand, stone and waters of Lalbagh, Tipu Sultan's pleasure paradise! Commissioned by Hyder Ali and completed by Tipu Sultan, Lalbagh was the ruler's personal garden, a statement of power and extravagance. Around one of Kempe Gowda's towers, Lalbagh has since acquired a large range of horticultural samples, a beautiful glass house and India's first lawn-clock. Today, it is not just a botanical garden but is also one of the few green spaces leg in the increasingly polluted 'garden city'. Join & step into pockets of silence and bloom right within the corporate jungle that is Bangalore. Listen to stories from the past, myths associated with the park and personal anecdotes that help understand Lalbagh better.

**Location:** Bangalore **Language:** English

Duration: 3 Hours Starting Point: Your accommodation in Bangalore Start Time: Anytime of the day Ending Point: Your accommodation in Bangalore

Activity Level: Easy Reporting Point: Your hotel

**Overview:** Walk to discover the treasure that is Lalbagh, as you go through the sand, stone and waters of Lalbagh, Tipu Sultan's paradise – His personal garden!

#### **Highlights**

- > A walk-through history of Bangalore
- > Local experiences and flavors
- > Nature experience

#### **Itinerary**

The guide will meet you at the hotel lobby & drive along to Lal Bagh Botanical Garden. You will walk the garden with your guide & spend time learning about the various flora & fauna in the garden. the tour ends you will be driven back to your hotel.

#### Important Info

Carry a scarf or hat to be safe from the sun Sunscreen to be applied before the tour Running shoes or comfortable flip-flops Light cotton clothes are recommended.



## **Wine Tasting With Lunch At Vineyard**

The tour includes lunch, a visit to a winery, a vineyard, and a wine tasting (5 varieties). The tour starts at 10.30 am with a briefing about tour team introductions, safety, and dos and don'ts. The entire tour will be conducted by a professional in their respective areas. A brief history and information about vines and vineyard cultivation, followed by a winery tour, wine tasting, and lunch.

**Location:** Bangalore **Language:** English

Duration: 3 Hours

Starting Point: Your accommodation in Bangalore

Ending Point: Your accommodation in Bangalore

Activity Level: Easy Reporting Point: Your hotel

**Overview:** Visit to winery, vineyard & wine tasting (5 Varietals) – An introduction to the art of wine making and its appreciation.

#### **Highlights**

> Winery tour conducted by professional wine makers

> Wine tasting session with an expert.

#### Itinerary

**Winery tour:** – winery tour starts from our crushing unit, every point you will be provided with adequate info required to understand, then we move to understand filtering, processing, i.e. fermentation, storing in tanks, bottling, labeling, and packaging of wine bottles, which are ready for sales. Note: Photography is prohibited in this session of tour.

**Lunch:** The Lunch Menu includes (Veg Soup, Veg & Non Veg Biryani, Raita ,Papad Gulab Jamun) The entire tour takes approximately 2 to 2.5 hours of time

#### Important Info

Carry a scarf or hat to be safe from the sun Sunscreen to be applied before the tour Running shoes or comfortable flip-flops Light cotton clothes are recommended.



## **Walking Tour of Old City of Bangalore**

Tour starts with the walking trail from K R Market – city's oldest vegetable & flower market & the largest wholesale market. It is the first locality in the whole of Asia to get electricity and considered to be one of the biggest flower markets in Asia. Following to that walk down to Bangalore Fort – the fort has provided the setting for the treasure hunt in the book Riddle of the Seventh Stone. Visit the busy Kote Anjaneya Swami Temple which stands opposite to the fort. Lastly walk down to Tipu's Summer Palace – the structure was built entirely with teak and stands adorned with pillars, arches and balconies. The site also holds a painting of grand throne visualized by Tipu Sultan himself.

**Location:** Bangalore **Language:** English

**Duration:** 4 Hours **Starting Point:** Your accommodation in Bangalore

Start Time: Anytime of the day Ending Point: Your accommodation in Bangalore

**Activity Level:** Easy **Reporting Point:** Your hotel

Overview: A nostalgic walk through Bangalore covering Markets, Forts, Temples and Palaces.

#### **Highlights**

- > Visit the oldest market in the city
- Visit to Bangalore fort and Tipu Sultan's Summer Palace
- > An introduction to the history of Bangalore city

#### **Itinerary**

- > Pick up from hotel & drive to K R Market
- Visit Bangalore Fort followed by KoteAnjaneya Swami Temple
- Visit Tipu Sultan Palace

- > Recommended to wear shoes for comfortable walk on the streets & market
- > Carry scarf or hat to cover your head from the sun
- > Fresh flowers are available in the market which are sold at wholesale prices



## **Malleshwaram Heritage Trail**

The olden day suburb now at the heart of the city, Malleswaram evokes a strong sense of nostalgia and curiosity among Bangaloreans and outsiders alike. A large modern mall and the typically South Indian street shopping side- by-side, Malleswaran presents to you a quintessential slice of the south Indian life, modern and age-old. Malleswaram was visualised and built as a suburb, where the blue collar middle-class stayed, far enough from the central business district of the day, but close enough to take a short ride by horse carriage, or in rare cases by car. As employees of the British government or the Mysore Raj, or researchers and scientists at the IISc, the early inhabitants of Malleswaran tended to be upper middle class, mostly Brahmins, Bharatanatyam patrons, the influence of which can be seen to this day. Exploring this authentically South Indian Malleshwaram, this walk takes you through delights of south Indian life: in Hindu temples, street shopping.

**Location:** Bangalore

**Duration:** 3 Hours Activity

**Start Time:** Anytime of the day

**Activity Level:** Easy

Language: English

Starting Point: Your accommodation in Bangalore

**Ending Point:** Your accommodation in Bangalore

Reporting Point: Your hotel

**Overview:** Malleshwaran presents to you a quintessential slice of the south Indian life, modern and ge-old. Discover Malleshwaram - a suburb of Bangalore on this signature heritage trail.

#### **Highlights**

- > Oldest part of Bangalore city
- > One of the oldest & most sacred hindu temple in Bangalore
- > Traditional South Indian street shops by the road

#### **Itinerary**

- > Pick up from the hotel & drive to Malleshwaram.
- Visit Sri KaaduMallikarjunaswamy Temple & Sai Baba Temple
- > Walk to the renowned residence of scientist Sir C V Raman which is converted to an institute for intellectually challenged youth who work on IT-enabled services.
- > Explore the stories of other famous personalities that lies in the lanes on Malleshwaram
- > Walk the old street local vegetable & flower markets
- > Return to hotel.

- > Recommended to wear light cotton clothes
- > Avoid shorts or sleeveless tops
- > Wear comfortable walking shoes



### **Tale of Two Cities**

Bangalore's history is a tale of two cities—the Indian City or Pete and the European Cantonment with Cubbon Park serving as a bridge between the two. Walk back into 20th century Bangalore along the trees at Cubbon Park. Meade's Park, Sri Chamarajendra Park, more popularly known as Cubbon Park, is more than a park.

Alongside the great many species of plants and birds that call it their home, Cubbon Park also borders several of Bangalore's important buildings: AttaraKacheri—Karnataka High Court, a museum, Central Library, and an aquarium, among other things. Stroll through this verdant lung space and learn of a Victorian era when where men wore top hats and memsahibs held parasols, when people commuted on horseback and danced in the ballrooms of Parade road.

**Location:** Bangalore **Language:** English

Duration: 3 Hours Activity
Starting Point: Your accommodation in Bangalore
Start Time: Anytime of the day
Ending Point: Your accommodation in Bangalore

**Activity Level:** Easy **Reporting Point:** Your hotel

**Overview:** A Nature walk that takes you across the bridge of Bangalore 'Pete' and the Bangalore Cantonment.

#### **Highlights**

- > A nature walk steeped in history and past.
- > Monuments and Architecture of Bangalore

#### **Itinerary**

- > Pick up from hotel & drive to Cubbon Park.
- > Walking tour of the park with the brief British history that lies within this area.
- > Visit the nearby important buildings with prominent history of British India.
- > Return to hotel.

#### **Inclusions**

- > 02 bottles of 500 ml mineral water
- > English speaking guide during the whole tour
- Transport for the tour from pick up until drop at hotel by AC vehicle

#### **Exclusions**

- > Any kind of food item
- Battery car ride or auto rickshaw ride inside the park

#### **Important Info**

Carry a scarf or hat to be safe from the sun Sunscreen to be applied before the tour Walking shoes or comfortable flip-flops Light cotton clothes are recommended



## Visit to Rural Eco Village

Spend half a day at an Eco Village in Bangalore. The Eco Village o ers a very di erent set of activities. Here, you indulge in day-to-day activities that people follow in an Indian village. It is a fun as well as learning experience and the simplicity of it all excites a joyous feeling and a beatific smile.

**Location:** Bangalore **Language:** English

Duration: 3 Hours Activity

Starting Point: Your accommodation in Bangalore

Ending Point: Your accommodation in Bangalore

Activity Level: Easy Reporting Point: Your hotel

**Overview:** A day at Eco – Village in Bangalore with eco-friendly activities & experience the simplicity of Indian rural life.

#### **Highlights**

> Participation in village activities

#### **Itinerary**

- > Pick up from Hotel & drive to Eco-Village Welcome drinks served upon arrival Village activities in the eco-village
- > Buffet lunch
- > Experiences & fun games inside the eco-village Hi-tea
- Depart to hotel

#### **Important Info**

Carry a scarf or hat to be safe from the sun Sunscreen to be applied before the tour Walking shoes or comfortable flip-flops Light cotton clothes are recommended



## Victorian Bangalore

This quiet little town in South India grew quite spectacularly over the next 70 years. The seeds of Bangalore's current persona – its leadership in technology, industry, scientific research & aerospace, its pubs, greenery, sporting culture and cosmopolitanism, as also the tra c chaos, demographic diversity and attractiveness to immigrants – were sown at di erent times and places in the Victorian era. Visit 19th Century churches, public buildings and stately homes, tracing the growth of the cantonment. Hear stories of Bangalore's famous British residents and discover what made Bangalore tick in the 19th Century.

**Location:** Bangalore

**Duration:** 3 Hours Activity

Start Time: 7000 hrs

**Activity Level:** Easy

Language: English

Starting Point: Your accommodation in Bangalore

Ending Point: Your accommodation in Bangalore

Reporting Point: Your hotel

**Overview:** The Victorian Bangalore tour covers the sights and stories that surround the formation of Bangalore city as we know it under the influence of the British.

#### **Highlights**

- > History and Architecture of Bangalore
- > Monuments and Churc
- > Local flavors and interactions

#### **Itinerary**

The walk starts from the Holy Trinity Church, Trinity Circle followed by visit to CSI East Parade Church, St. Andrew's Church, St. Mark's Cathedral & ending at St. Patrick's Church.

- ➤ Holy Trinity CSI East Parade Church 700 metres / 10 mins by walk
- CSI East Parade Church St. Andrew's Church 1.5 kms / 25 mins by walk
- > St. Andrew's Church St. Marks Cathedral 800 metres / 10 mins by walk
- > St. Marks Cathedral St. Patrick's Church 1.5 kms / 25 mins by walk

#### **Exclusions**

- > Any kind of food item
- > Battery car ride or auto rickshaw ride inside the park

- Carry a scarf or hat to be safe from the sun
- > Sunscreen to be applied before the tour
- > Walking shoes or comfortable flip-flops Light
- > cotton clothes are recommended



## **Toy Story Channapatna Wooden Toys Factory**

Channapatna toys are a form of wooden toys (and dolls) that are manufactured in the town of Channapatna in the Bangalore Rural district of Karnataka state, India. This traditional craG is protected as a geographical indication (GI) under the World Trade Organization, administered by the Government of Karnataka. As a result of the popularity of these toys, Channapatna is known as GombegalaOoru (toytown) of Karnataka. Traditionally, the work involved lacquering the wood of the Wrightiatinctoria tree, colloquially called Aalemara (ivory-wood).

The origin of these toys can be traced to the reign of Tipu Sultan who invited artisans from Persia to train the local artisans in the making of wooden toys. BavasMiyan is the father of Channapatna Toy. He is the one to sacrifice his life for channapatna toys. He adopted Japanese technology for toys making and help the local artisans improve their art. For nearly two centuries, ivory-wood was the main wood used in the making of these toys, though rosewood and sandalwood were also occasionally used.

**Location:** Channapatna

**Duration:** 6 Hours Activity

Start Time: 0900 hrs

**Activity Level:** Easy

Language: English

Starting Point: Your accommodation in Bangalore

Ending Point: Your accommodation in Bangalore

**Reporting Point:** Your hotel

**Overview:** Visit to the toy town of Karnataka and interaction with traditional toy makers who use their skill and ingenuity to churn out some of the most colorful toys in the world.

#### **Highlights**

- > Introduction to Channapatna Toy town
- Techniques in toy making
- > Interaction with local artisans

#### **Exclusions**

- > 02 bottles of 500 ml mineral water
- > English speaking guide during the whole tour
- Packed Lunch
- > Permit to visit the factory
- > Transport for the tour from pick up until drop at hotel by AC vehicle

#### **Exclusions**

- Any kind of purchase of the toys from the emporium or factory
- Any kind of food item not mentioned in the inclusion



## Dodda Alada Mara "The Big Banyan Tree"

The DoddaAlada Mara means a big Banyan tree. It is a giant 400 year old Banyan tree located in the village of Kethohalli/Ramohalli in the Bangalore Urban district in Karnataka. This single plant covers 3 acres (12,000 sq.m) and is one of the largest of its kind. It has a crown circumference of more than 250 meters and has more than a thousand aerial roots. In the 2000s, the main root of the tree succumbed to natural disease, and now it gives the impression of there being many di erent trees. The Big Banyan Tree is positioned at a distance of 28 km from Bangalore towards Mysore Road. Nearby to the historical banyan tree is a Mukthi Naga Temple of Navagraha in the form of Naga. It is the world's largest monolithic statue of Lord Naga. This 7 headed idol is about 16 feet tall & 36 tons of weight. ShriMukthi Naga Kshetra has long been the home for the Serpent deity. As per the legend , the devotees used to make 9 pradakshinas around the "hutta" (anthill) where the serpent resides, to get their desires fulfilled within 90 days. The residents of this region have been referring to this place as "JunjappanaBayalu" (Junjappa's field)

Location: Ramohalli, Bangalore

**Duration:** 7 Hours Activity

Start Time: 0900 hrs

**Activity Level:** Easy

Language: English

Starting Point: Your accommodation in Bangalore

Ending Point: Your accommodation in Bangalore

**Reporting Point:** Your hotel

#### **Highlights**

Visit to world's largest monolithic statue of Lord Naga

#### **Itinerary**

- Pick up from hotel & drive to the destination.
- Spend time with guide knowing the history & important interesting facts & details of the Banyan Tree Walk at the nearby village roads to experience the rural life
- > Return to Bangalore to hotel.

- > Recommended to wear light cotton clothes
- > Avoid shorts or sleeveless tops
- > Wear comfortable walking shoes.



## Visit To Shri Veerabhadra Swami Temple At Lepakshi

Lepakshi is a small village located in the Anantapur District, in AP & is approximately 123 kms north of Bengaluru. It is a historical & archaeological site with temples dedicated to Hindu gods & the huge Nandi Bull made of a single Granite stone. The most astonishing architectural marvel of Lepakshi is the Hanging Pillar of Veerabhadra Temple. The pillar does not rest on the ground completely but hangs in the air, with enough space between its base and the ground to pass a sheet of paper or a small twig through it-fully to emerge on the other side! Out of the 70 pillars at the stone temple, in the Vijayanagar style of architecture by brothers Virupanna and Veeranna, this particular pillar stands out as a triumphant masterpiece of architecture. The Archaeological Survey of India has proven that this pillar was not constructed as a mistake, but was built intentionally to prove the brilliance of the builders of the time.

**Location:** Lepakshi, Andhra Pradesh **Language:** English

Duration: 7 Hours Activity
Starting Point: Your accommodation in Bangalore
Start Time: 0900 hrs
Ending Point: Your accommodation in Bangalore

Activity Level: Easy Reporting Point: Your hotel

**Overview:** Visit to a Hindu temple that is famous for its 'Hanging Pillar' that gives an illusion as if the pillar is hanging from the roof without any support.

#### **Highlights**

Veerabhadra Temple
 Stone carving
 Ganesha idol carved on a rock

> The golden pillar > Hanging Pillar > Huge foot impression if Lord Hanuman

> Fresco Painting
> Hooded Serpent

#### **Itinerary**

- > Depart from Bangalore & drive to Lepakshi in Andhra Pradesh Upon
- Reaching, visit VeerabhadraSwamy Temple
- > Lunch stop at local restaurant at Lepakshi
- > Drive to Nandi Bull statue for picture stop of the flying eagle mounted at the hill top. Return to Bangalore.

- > Recommended to wear light cotton clothes Avoid
- > Shorts or sleeveless tops
- > Wear comfortable walking shoes

- > Carry & apply sunscreen during the tour.
- > Wear a scarf or a hat to protect from heat.



## **Melkote Temple**

Life in the devout Hindu town of Melukote (Melkote), about 50km north of Mysuru, revolves around the 12thcentury Cheluvanarayana Temple, with its rose-colouredgopuram (gateway tower) and ornately carved pillars. This temple town is 50 kms away from Mysore and is often considered to be the home of Sanskrit Scholars. Melukote hosts many temples with beautiful carvings. On this tour away from the hustle & bustle of city life, explore this temple town & its rich customs. CheluvanarayanaSwamy Temple is over 1000 years old. The engravings on the temple mention the historical evidence of the temple. On one of the columns of navaranga is a bas relief, of Raja Wodeyar. This name is etched on the base. He was said to be a great devotee of the presiding deity and a constant visitor to the temple. Cheluvanarayana Swamy Temple is a lavishly empowered temple by the Wodeyar dynasty, the Royals of Mysore. The temple has the most valuable collection of jewels given to the lord by Mysore king Raja Wodeyar. Wodeyars gifted two gold crowns Known as Vairamudi or Vajramukuta and Krishnaraja- mudi to the lord. There is another crown, much older than these two crowns gifted to the lord by some unknown person. All the three crowns are currently in the custody of the Government and are brought to the temple on special occasions.

**Location:** Melukote

**Duration:** 6 Hours Activity

Start Time: 0800 hrs

**Activity Level:** Easy

Language: English

Starting Point: Your accommodation in Bangalore

**Ending Point:** Your accommodation in Bangalore

**Reporting Point:** Your hotel

Overview: Cheluvanarayana Temple also known as Thirunarayanapura, is built on rocky hills called as Yadugiri or Yadavagiri overlooking the Kaveri valley. Lord Vishnu is worshipped in di erent forms across the world and CheluvanarayanaSwamy Temple is one of the many temples dedicated to Lord Vishnu.

#### **Highlights**

- Dedicated to Lord Vishnu

Overlooks the Kaveri valley

- > Situated on a hill top
- > 1000 years old temple

#### **Itinerary**

- Depart from Bangalore with your private chauffer driven car to Melukote. Drive down 160 kms of scenic country side road to reach the temple
- > Visit Cheluvanarayana Temple located at the hill top.
- > Drive down to the roads connecting to the nearby villages.
- Drive past of small village & return to

- Photography inside the temple premise is prohibited > Avoid shorts or sleeveless tops Wear
- > Entering the inner sanctum (garbhagriha) of the temple is restricted
- > Recommended to wear light cotton clothes
- comfortable walking shoes
- Carry & apply sunscreen during the tour. Wear a scarf or a hat to protect you from heat.

## **SOME OTHER TOURISTS ATTRACTIONS**

#### **Nandi Hills**

Nandi Hills, located near Bangalore, Karnataka, offers a serene escape with lush greenery and historical charm. Visitors can witness breathtaking sunrise and sunset views, explore ancient temples and forts, and engage in outdoor activities like trekking and paragliding. It's advisable to visit early morning or late afternoon to avoid the heat, and travellers should carry essentials like water and sunscreen. Nandi Hills provides a perfect blend of natural beauty, cultural heritage, and adventure, making it an ideal destination for a memorable getaway.



#### **Mysore**

Mysuru, situated in the southern state of Karnataka, is a city steeped in royal grandeur and cultural richness, making it a must-visit destination for travelers. Home to the magnificent Mysore Palace, a masterpiece of Indo-Saracenic architecture, the city offers a glimpse into its regal past and vibrant heritage. Travelers can immerse themselves in the city's cultural tapestry by exploring bustling markets, ancient temples, and traditional arts and crafts.



#### Srirangapatna

Srirangapatna, a historic town nestled in Karnataka, holds a treasure trove of cultural and historical significance, enticing travellers with its timeless charm. Home to the legendary island fortress of Tipu Sultan, the town offers a glimpse into its illustrious past through ancient monuments, museums, and architectural wonders. Visitors can explore the iconic Ranganathaswamy Temple, dedicated to Lord Vishnu, and immerse themselves in the town's religious and spiritual heritage.



#### Kabini

Kabini, nestled in the heart of Karnataka's wilderness, is a haven for nature enthusiasts and wildlife aficionados alike, beckoning travelers with its untamed beauty. The Kabini River, flowing through the region, sets the stage for unforgettable wildlife safaris, offering glimpses of majestic elephants, elusive big cats, and a diverse array of bird species in their natural habitat. Visitors can embark on thrilling jungle expeditions, guided by experienced naturalists, to unravel the mysteries of the verdant forests and encounter the rich biodiversity that thrives within.



#### Shivanasamudram

Shivanasamudra, nestled in the southern state of Karnataka, is a mesmerizing destination known for its captivating waterfalls and scenic landscapes, offering a refreshing escape for travelers. The majestic Shivanasamudra Falls, cascading down rugged cliffs amidst lush greenery, presents a stunning spectacle of nature's power and beauty, drawing visitors from far and wide. Exploring the surrounding area unveils a rich tapestry of history and culture, with ancient temples and heritage sites dotting the landscape, each narrating tales of bygone eras.



#### Coorq

Coorg, nestled in the verdant hills of Karnataka, is a picturesque destination renowned for its lush coffee plantations, misty mountains, and cascading waterfalls, offering a tranquil retreat for travelers seeking serenity in nature's embrace. The region's breathtaking landscapes provide the perfect backdrop for outdoor adventures, from trekking through dense forests to exploring winding trails that lead to hidden gems like Abbey Falls and Raja's Seat, where panoramic views await at every turn.



## **SOME OTHER TOURISTS ATTRACTIONS**

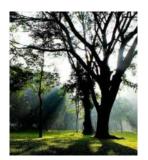
#### Lalbagh

Lalbagh Botanical Garden, located in Bangalore, India, is a serene oasis spanning 240 acres, renowned for its stunning botanical collection and historic significance. Established in the 18th century by Hyder Ali and later expanded by his son Tipu Sultan, it boasts a diverse array of flora, including rare species and century-old trees, offering visitors a tranquil retreat amidst bustling city life. Its iconic glasshouse, hosting flower shows and exhibitions, adds to the charm of this botanical haven



#### **Cubbon Park**

Cubbon Park, nestled in the heart of Bangalore, India, is a sprawling green lung spanning over 300 acres, cherished by locals and tourists alike for its verdant landscapes and recreational amenities. Established in the 19th century, it offers a tranquil escape from the urban bustle, with avenues shaded by towering trees, picturesque lakes, and architectural landmarks like the State Central Library and the High Court. Visitors can unwind with leisurely strolls, picnics, and outdoor activities, immersing themselves in the natural beauty and historical charm of this iconic park.



#### **Ulsoor Lake**

Ulsoor Lake, situated in the heart of Bangalore, India, is a picturesque water body spanning approximately 50 acres, offering a serene retreat amidst the bustling cityscape. Built by Kempe Gowda II in the 16th century, it is one of the oldest and largest lakes in Bangalore, popular among locals and tourists for boating and leisurely walks along its scenic promenade. With lush greenery, charming islands, and vibrant birdlife, Ulsoor Lake provides a peaceful oasis for nature enthusiasts and urban explorers alike.



#### **Bangalore Palace**

Bangalore Palace, a majestic architectural marvel nestled in the heart of Bangalore, India, is a testament to the city's royal heritage and grandeur. Built in the 19th century by the Wodeyar dynasty, it exudes a blend of Tudor and Scottish Gothic styles, adorned with intricately carved woodwork, stained glass windows, and opulent interiors. Visitors can explore its regal chambers, lush gardens, and captivating exhibits, immersing themselves in the rich history and cultural legacy of Karnataka's royal lineage.



#### **Bandipur**

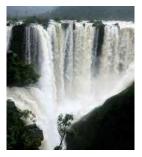
Bandipur National Park, nestled in the scenic Nilgiri Mountains of Karnataka, India, is a renowned tiger reserve and biodiversity hotspot, offering visitors a glimpse into the enchanting world of the wild. Spread over lush forests, rolling hills, and meandering streams, it shelters a diverse array of flora and fauna, including the majestic Asian elephant and elusive leopard. Tourists can embark on exhilarating safaris, nature walks, and birdwatching expeditions, immersing themselves in the natural splendor and conservation efforts of this iconic national park.



## **SOME OTHER TOURISTS ATTRACTIONS**

#### **Jog Falls**

Jog Falls, situated in Karnataka, India, is one of the tallest and most mesmerizing waterfalls in the country, cascading from a height of over 800 feet. Surrounded by lush greenery and rugged cliffs, it offers a breathtaking spectacle during the monsoon season when its mighty waters plummet dramatically into the gorge below. Tourists flock to witness the sheer power and beauty of Jog Falls, often embarking on scenic hikes and capturing unforgettable moments amidst nature's grandeur.



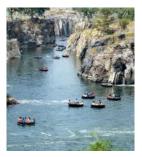
#### Chikkamagalur

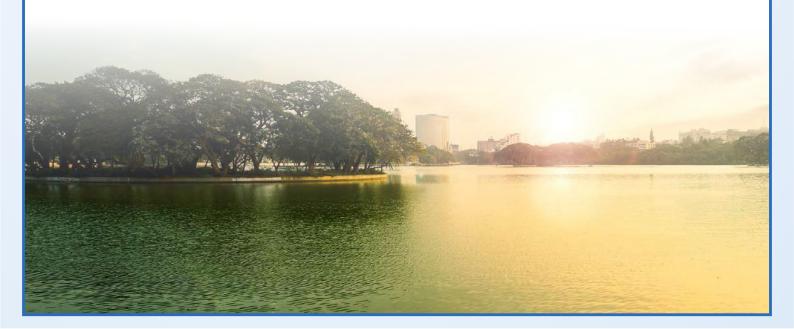
Chikmagalur, nestled in the Western Ghats of Karnataka, India, is a serene hill station renowned for its misty mountains, lush coffee plantations, and pristine natural beauty. Offering a perfect retreat from city life, it invites tourists to explore its picturesque landscapes, indulge in aromatic coffee tasting sessions, and embark on thrilling treks to popular peaks like Mullayanagiri. With its pleasant climate and tranquil ambiance, Chikmagalur promises a rejuvenating getaway amidst the lap of nature.



#### **Hogenakkalfalls**

Hogenakkal Falls, often called the "Niagara of India," is a breathtaking natural wonder nestled in Tamil Nadu, India. Carved by the River Kaveri as it descends through rocky terrain, the falls offer a mesmerizing sight of cascading water surrounded by lush greenery. Visitors can enjoy coracle rides along the river, relishing the picturesque scenery and experiencing the therapeutic properties of the mineral-rich waters, making Hogenakkal a must-visit destination for nature enthusiasts and adventure seekers alike.





## **ABSTRACT GUIDELINES**

#### Abstract submission deadline has been extended till August 15

#### Instructions for Abstract Submission

- > All abstracts must be submitted through the official IASO NATCON 2024 website.
- In order to log onto the submission site, you will have to create a username and password.
- > It is mandatory to register for the conference to submit an abstract
- > IASO membership is mandatory to submit an Award Paper.
- > Abstracts can be submitted for paper, poster or video presentation
- > The abstracts must contain original content which is not published or presented at any other national or international conferences prior to the IASO NATCON 2024.
- > The abstract should not be more than 300 words. It should be typed in the box provided on the online abstract submission page
- > One abstract will be considered for one award category only
- > Each delegate can submit up to 3 abstracts under various award categories.
- > Once the abstract is submitted, no revisions/editing will be allowed. Authors have the option to save the abstracts as a draft in case they feel that the abstract needs to be reworked on.
- > Inappropriately structured or incomplete abstracts will not be accepted
- > Notification regarding acceptance of the submission along with the guidelines for presentation will be sent to the author through email provided while submitting the abstract.
- > The scientific committee reserves the right to accept / reject / assign a different presentation type to all the abstracts submitted

#### The abstract should contain the following subheadings

- Title
- > Background and Introduction (include aims and objectives)
- Methods (include statistical analysis if applicable)
- Results
- Conclusion

#### **Submission Categories**

- > Head & Neck Cancer
- ➤ Breast Cancer
- Upper GI Cancer
- Lower GI Cancer
- Hepatobiliary Cancer
- > Gynaecological Cancer
- > Genito-urinary Cancer
- > Pediatric oncology
- > Musculoskeletal Cancer
- > Peritoneal Surface Malignancy
- > Miscellaneous

#### Instructions for video presentation

- > The age of presenter should be less than 45 years for awards
- > video abstract should be on innovative techniques used to treat common or complex problems, interesting cases or demonstrations, or new therapies or applications for a specific disease site
- > Multiple videos from the same unit will not be considered. In this case, the video will be considered on first come first served basis.
- > Promotional videos (personal or commercial) will not be considered.
- > Video format should be in mp4
- > Duration of video should not exceed 5 min
- > Size of the video should not exceed 1 GB
- > Acceptable frame size: no smaller than full screen (640x 480 or 720x 820 pixels



Scan QR Code to Submit your Abstract

## Registration Fee is inclusive of GST @18%

Category	Regular Till 31 <sup>st</sup> August 2024	After 1 <sup>st</sup> September 2024
Reception committee	Rs. 23,600	Rs. 23,600
Non Members	Rs. 21,240	Rs. 23,600
IASO Members	Rs. 17,700	Rs. 20,060
PG students	Rs. 9,440	Rs. 11,800
Workshop Registration	Rs. 4,720	Rs. 5,900
Accompanying Person	Rs. 9,440	Rs. 11,800
International Delegate	USD 295	USD 354

<sup>\*</sup>Workshop fees includes attendance to expert video sessions, lunch, tea.

## Who should attend?

- > All practising Surgical oncologists
- > PGs and fellows in all related disciplines

## For Book Your Accommodation Please Visit www.iasonatcon2024.com



Scan QR Code to Book Your Accommodation



Scan QR Code to Register

## **Bank Details**

Account No - 120026234749 Account Name - NATCONIASO 2024

IFSC - CNRBOO10485

SWIFT - CNRBINBBBFD

MICR - 560015334

<sup>\*</sup>No delegate kit for spot registration.

## **VENUE**

## Clarks Convention Center, Bengaluru



# FOR MORE DETAILS PLEASE VISIT www.iasonatcon2024.com



Scan here to website

#### **Conference Secretariat**

Room No. 313, 3rd Floor, Sharada Kripa Block, 1<sup>st</sup> Cross, Shankara Mutt Premises, Shankarapuram, Rasayangudi, Rangaloro 560004 Conference Manager Mr. Gaurav Sinha +91 98717 00186



